



FOR IMMEDIATE RELEASE
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The Arc Northern Chesapeake Region Welcomes Two New Directors to the Board

Gary Stokes, ActionCOACH
Ted Jasinski, Frederick Ward Associates



[ABERDEEN, MD] –

The Arc Northern Chesapeake Region is pleased to announce that Gary Stokes and Ted Jasinski have joined The Arc Northern Chesapeake Region's Foundation Board.

Gary is an entrepreneur that currently owns two businesses, but also has an extensive background in the corporate world spending 25 years in a wide variety of corporate roles including R&D, Sales, Manufacturing, Sales Management, Marketing Management, and Global Product Line Management. Gary is Business Coach and Firm Owner of ActionCOACH, a business coaching firm, and employs eight coaches servicing Maryland, Delaware, and D.C. Gary and his family live in Harford County. He and his wife, Mary, have two children, an 18 year old son, and a 15 year old daughter.

As a Vice President and the Director of Architecture at Frederick Ward Associates, Ted Jasinski, oversees and directs all architectural services. He has demonstrated leadership and originality for a wide range of architectural commissions and has extensive experience in all phases of architectural design, inclusive of program analysis, master planning, schematic design, design development, preparation of construction documents, bidding and contract negotiations, and construction administration. Ted has completed designs for many renovation/ addition and adaptive re-use projects, as well as for new facilities, and is well versed in the application of building codes.

Both are excited about sharing their talents and energy to make a difference in the lives of individuals with intellectual and developmental disabilities.

The Arc offers a wide variety of services to individuals with developmental disabilities in Harford, Cecil, and Kent counties, both children and adults, to make informed choices with their lifestyles, vocations, education and recreational pursuits, and to assure stable and nurturing lives among their families and friends.