

For Immediate Release

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Unsung Hero Honored by The Arc NCR

Staff goes above and beyond to support people with differing abilities



[Aberdeen, MD] July 27, 2015 – The Rob Dare Unsung Hero Award is given annually to an employee or foster parent of The Arc Northern Chesapeake Region (The Arc NCR) in Aberdeen, Maryland. The winner must demonstrate a particular commitment, impact or contribution in the community; willingness to help in whatever capacity necessary and show a commitment to excellence, and positively influence a program or the organization from “behind the scenes” with a positive attitude.

The Arc NCR’s 2015 winner is Psych Support Specialist, Yota Dermatis. Yota works tirelessly to assist staff and individuals in the organization’s programs, supporting on average 40 different teams each month. She works at The Arc NCR, employment sites and in residential homes to support people in times of sorrow and crisis with a calm and positive attitude. Yota goes above and beyond to take the time to teach direct care staff counseling skills and provide in-person support.

The role of The Arc NCR's Psych Support Specialist is to ensure all individuals served are in integrated, dignified and respectful environments and receive necessary supports in order to be active in their chosen environments and communities. Interested in working at The Arc Northern Chesapeake Region? The Arc NCR is looking for dedicated, enthusiastic, positive problem solvers who enjoy spending time with people. Call 410-836-7177 or visit www.arcncr.org for career opportunities.

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About [The Arc Northern Chesapeake Region](http://www.arcncr.org): For sixty-two years, The Arc Northern Chesapeake Region has helped people with intellectual and developmental disabilities build better lives by providing support services and advocacy to adults and children and their families in Harford and Cecil Counties. For more information, call 410-836-7177 or visit www.arcncr.org.

Photo Caption: (from left to right) Award winner Yota Dermatis; Director of QA & Psych, Cindy Lindgren; and Executive Director of The Arc NCR, Shawn Kros, share a smile at The Arc NCR's Annual Meeting awards presentation.