



FOR IMMEDIATE RELEASE
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Contact: Elaine Orbino
410-879-6785
eorbino@arcncr.org

The Arc Northern Chesapeake Region Welcomes Three New Directors to the Board

*Colleen Helmlinger
Don Miller
Glenn Gustafsson*

[ABERDEEN, MD] – The Arc Northern Chesapeake Region is pleased to announce that Colleen Helmlinger, Don Miller, and Glenn Gustafsson have joined The Arc's Foundation Board.

Mrs. Helmlinger is a shareholder with Gessner, Snee, Mahoney & Lutche, P.A. and is experienced in corporate, business, real estate and commercial finance law. A former graduate of the University of Baltimore School of Law, Mrs. Helmlinger is a member of the Maryland State Bar Association, Harford County Bar Association, Harford County Pro Bono Committee, and the Women's Bar Association/Baltimore Women's Bar. She lives in Bel Air with her husband, Walt, and two children, Alex and Katie.

Mr. Miller is a Director with the accounting firm, Ellin & Tucker, Chartered providing audit, tax, accounting, and consulting services for clients in the not-for-profit, manufacturing, retail and wholesale, professional services, and other industries. He is a Certified Public Accountant in the state of Maryland and is a member of the American Institute of CPAs and the Maryland Association of CPAs. He has a Bachelor of Science degree in Economics from Towson University and a Master of Finance degree from Loyola College. Don lives in Harford County with his wife, Amy, and their two children Alex and Emily.

Mr. Gustafsson graduated from Western Illinois University with a Bachelor of Business Degree in Finance. He started his career with Travelers Insurance Company as a commercial underwriter. He spent 17 years in various job capacities that lead him to the Baltimore area with The Maryland Casualty Insurance Company.

His professional experiences include development of 63 franchises for Quizno's Subs, operation of a consulting company affiliated with The Small Business Development Center at Harford Community College. Mr. Gustafsson and his wife, Donna are current owners of the first Rapid Refill Ink Franchise in Maryland, partners of Beyond Fit, a personal training, nutrition, and educational studio located in Fallston, as well as Dryer Vent Wizard. In his spare time Mr. Gustafsson has volunteered as a high school baseball coach and is currently the Junior Varsity Baseball coach at The John Carroll School in Bel Air. Mr. Gustafsson is also a board member for the Small Business Development Center. He and his wife, Donna, live in Bel Air and have two children, Eric and Brett.

All three are excited about sharing their talents and energy to make a difference in the lives of individuals with developmental disabilities in our community.

The Arc offers a wide variety of services to individuals with developmental disabilities in Harford, Cecil, and Kent counties, both children and adults, to make informed choices with their lifestyles, vocations, education and recreational pursuits, and to assure stable and nurturing lives among their families and friends.