SPECIAL OLYMPICS UNIFIED SPORTS

Special Olympics Unified Sports® is an initiative that combines approximately equal numbers of people with and without developmental/intellectual disabilities on sports teams for training and competition. Each sport consists of players within the same age range.

People participating in Unified Sports improve their health and well-being, sharpen their skills, meet and connect with new people…and HAVE FUN!

Within the past three years, Harford County Unified Sports have partnered with local fitness facilities, Parks and Recreation, Senior Centers, the Office on Aging, the Rite Aid Distribution Center, Harford Community College, local churches, several other independent businesses, and Special Olympics Maryland.

Current Unified Sports offered are:

SPORT	SEASON	LOCATION	DAY & TIME
BASKETBALL LEAGUE HARFORD COUNTY	WINTER (Adults 18+) *January - March*	Harford Community College *(Bel Air, MD)*	Thursdays 6:30 - 8:30pm
BOCCE HARFORD COUNTY	YEAR-ROUND (Seniors 50+)	McFaul Senior Center *(Bel Air, MD)* & Havre de Grace Senior Center *(Havre de Grace, MD)*	Mondays & Thursdays 10:00 - 11:30am
	SUMMER/FALL (Adults 18+)		Evenings - to be determined
VOLLEYBALL Indoor CECIL COUNTY	SPRING/SUMMER (Adults 18+) *May - July*	Elkton YMCA	Wednesdays 6:30 - 8:30pm
KAYAKING HARFORD COUNTY	SUMMER (Adults 18+) *June - August*	Eden Mill Nature Center *(Pylesville, MD)*	Sundays 1:00 - 3:00pm
SOCCER HARFORD COUNTY	FALL (Adults 18+) *August - October*	Forest Hill/Hickory Activity Center *(Forest Hill, MD)*	Tuesdays 6:00 - 8:00pm

If you would like to "play for a change", please contact Chass Seymour, Unified Sports Coordinator for Harford County, and Recreation Coordinator for The Arc Northern Chesapeake Region:
cseymour@arcncr.org OR 410-836-7177 x424