

**John Carroll Senior Reflects on Involving The Arc in Senior Project**  
***Excerpt of a Letter Written to Arc Staff Support Person, Shauna DiStefano***

Thank you for the time spent with me as I implemented my Senior Project. Your help with Ms. Val and Mrs. Edna during the field work aspect of my project implementation has provided me with insight and tons of experience with the real world that I would not have been able to have if it had not been for you and The Arc. Throughout my time with you and the ladies, I have absolutely enjoyed every weekend with all of you. I had too much fun cooking and participating in arts and crafts. Words cannot describe the intellect, happiness, peace and opportunities that you personally have given me. I feel blessed to have met you and I hope that you know you have changed my life for the better. *Submitted By Amber Simone Cook*